

# Abuse. Stop it **now!**

**Abuse** is when someone treats you badly. It could be in the street, at a day service, at home or **anywhere**.

This leaflet tells you about different sorts of abuse and who you should tell about it.



## **Bullying**

When someone is rude to you because you have a learning difficulty. They may shout, swear, point and say horrible things.



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## **Physical** abuse

When someone hurts your body. They may kick, hit, punch or treat you roughly.



# Emotional abuse

When someone upsets or scares you. They may shout, swear and call you names.



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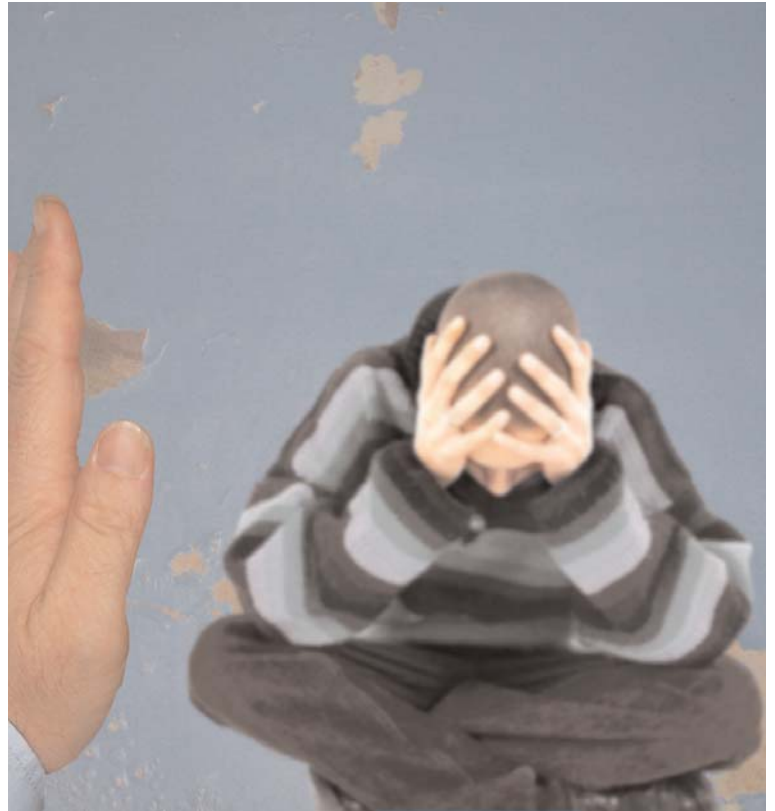
# Financial abuse

When someone takes your money or things when you don't want them to. This could be at home, at work or in the street.



# Neglect

When someone doesn't look after you in the right way. They might not give you food or medicine, or may not help to keep yourself clean.



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# Sexual abuse

When someone touches your body when you don't want them to. It may be touching you up or making you watch things you don't like.



# Abuse. Stop it **now!**

If someone abuses you - tell someone!



In an **emergency** phone **999**



Tell someone you trust:

Your family

A friend .....

The local police .....

Staff .....

A care manager .....

A doctor .....

A social worker .....

To find out more

Phone us for more copies of this booklet or if you need the information on CD or tape.

**020 8921 3124**

