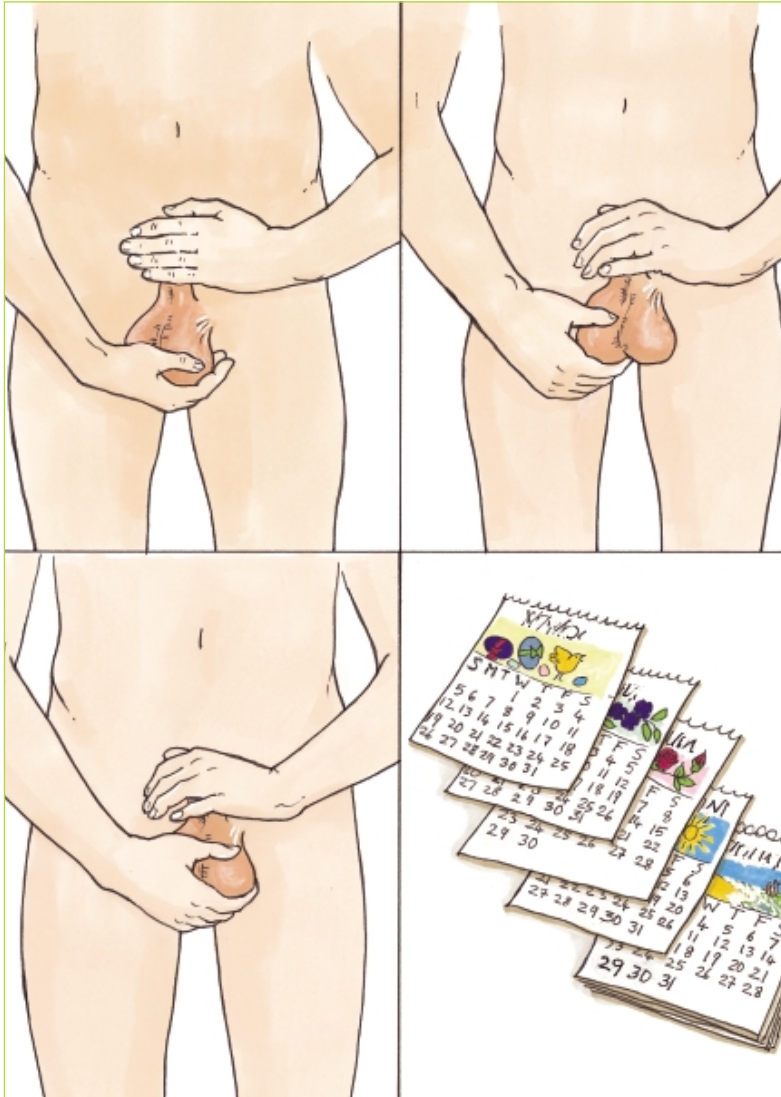


How to Look After My Balls



You can photocopy pages i to vii to use as a leaflet. You do not need to get special permission to do this and it is free of charge.





Check like this.

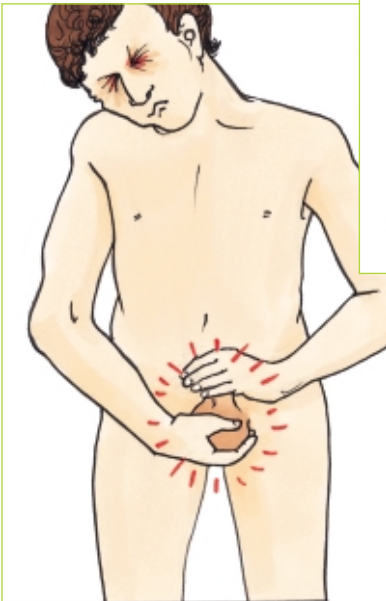
Check for:



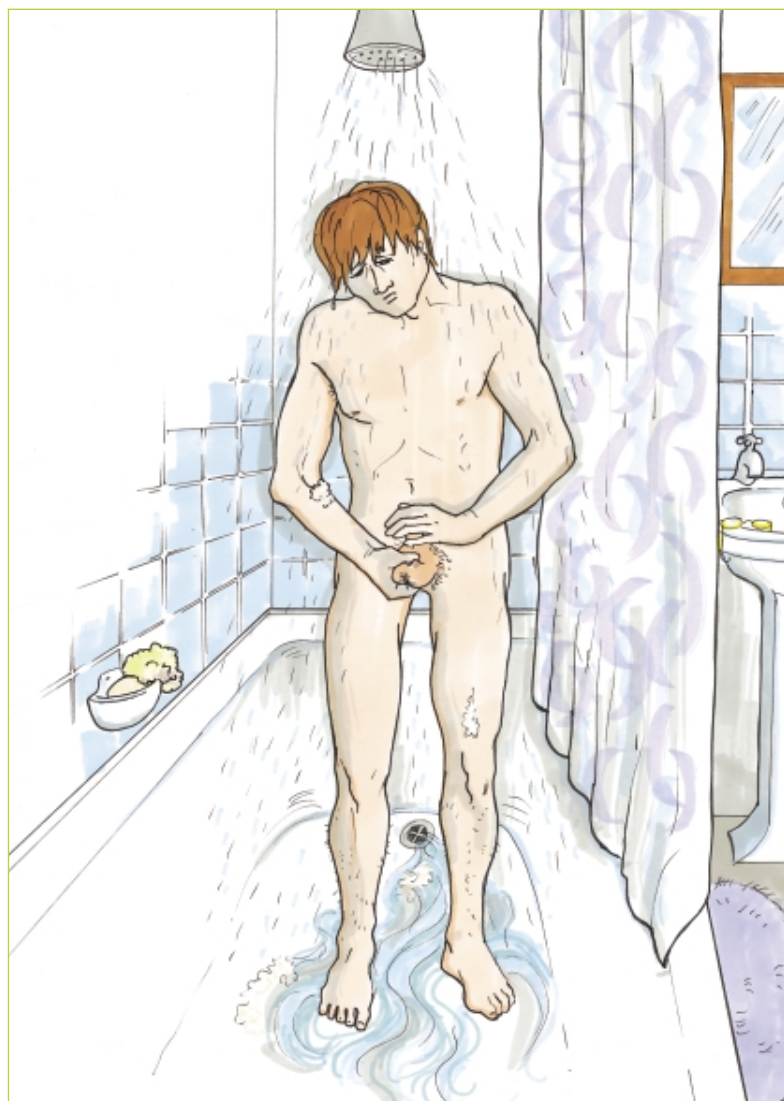
Lumps

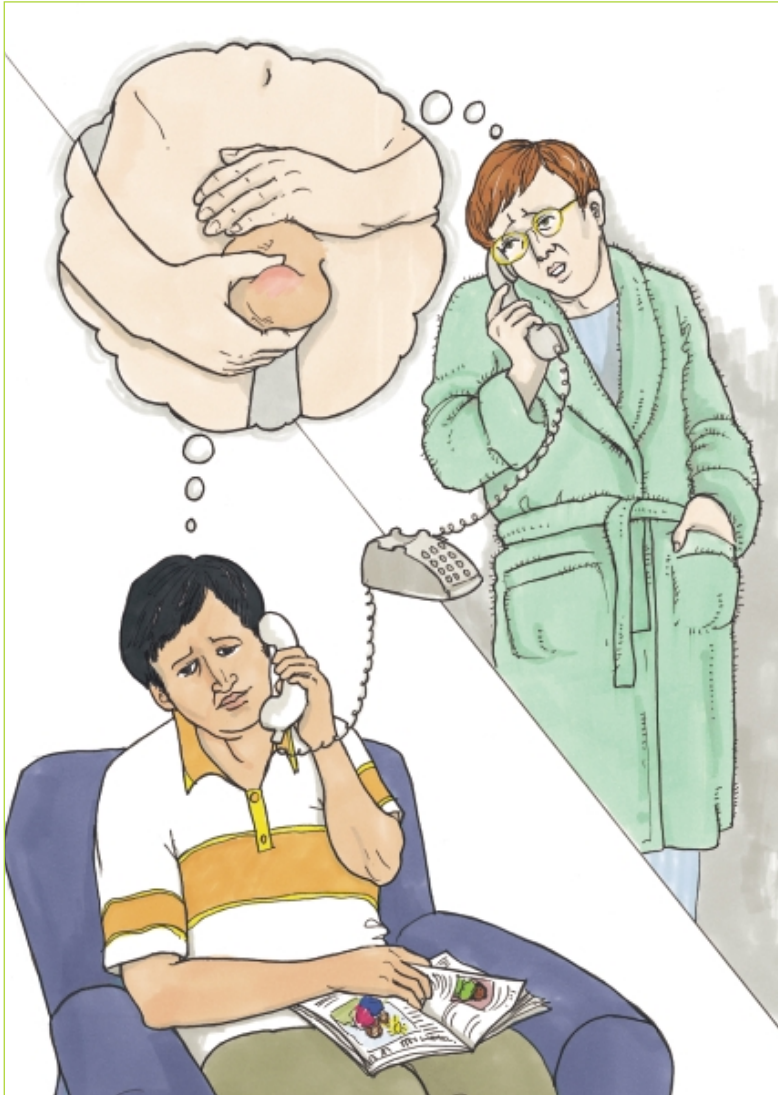


Swelling (one ball getting bigger)



Pain or discomfort





Ask for help straight away if you find something wrong



Don't wait.
Go and see your doctor