

Booklet compiled by -

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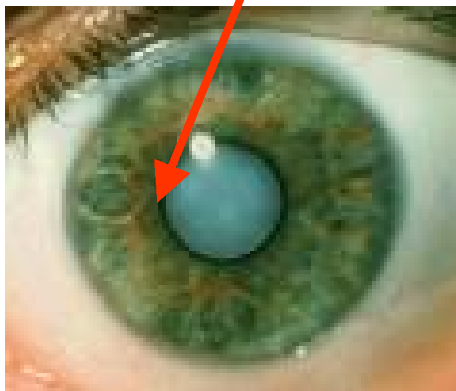
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Cataract Removal
Accessible
Booklet

What is a Cataract?

Cataracts cloud the eye and sometimes you cannot see as well.



If you find this booklet useful and require something similar for a different topic take a look at the accessible information website.

www.accessible-info.com

www.intothemainstream.cswebsites.org

Things to remember.

Try not to wash your hair for 2 days—soap will hurt your eye.



How do I make it go?

The only way to make a cataract go is by having an operation at the hospital.



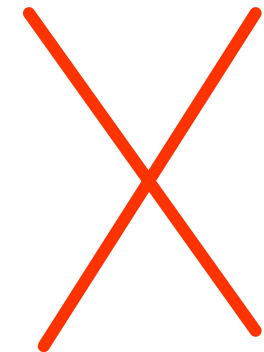
How Long will I be in hospital?

You only need to stop in the hospital for one day.

JANUARY 2006						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
	Classes start		Meeting			
15	16	17	18	19	20	21
	No class					
22	23	24	25	26	27	28
			Meeting			
29	30	31				

Things to remember.

Try not to touch or rub your eye.



When you get home.

You should rest for the first 2-3 days if possible.



The Operation

The Doctor will put some drops in to your eye, so that he can see into it.



The Operation

The operation will last about 20 minutes.



Checking it was ok.

You should see the doctor again within 3 weeks.



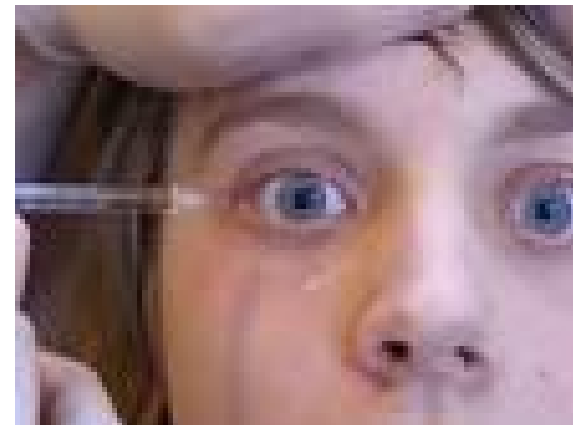
After the operation.

You will need to wear a pad on your eye to stop anything getting in to it. You can take it off after a few hours.



Will it hurt?

The operation should not hurt you, the doctor will inject you so that you cannot feel what he is doing.



Will I sit or lie down?

You will be asked to sit in a special chair so that the doctor can see into your eyes.



What will the doctor do?

The doctor will use a very small tube to get the cataract out of your eye.

