

# Having a Health Check



# Your health check



This means that the nurse will do some checks to make sure you are healthy.



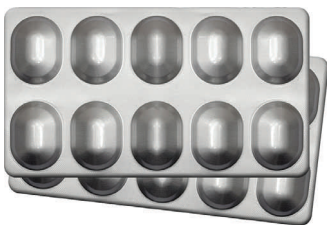
At your health check the nurse will ask you about:



Your body



Exercise



Medication



How you feel



The nurse will listen to you and talk to you about your health.