

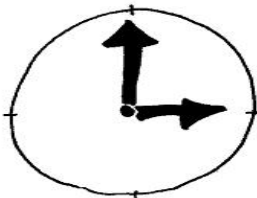
I'm going into hospital my name is:-



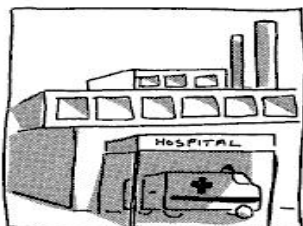
The day of my appointment is:-

The date is:-

The time I need to be at the hospital is:-



THE HOSPITAL IS:-



How am I going to get there?



The name of the department or ward is:-

The department or ward telephone number is:-



The visiting times for my family & friends are:-

○	_____	□
○	_____	□
○	_____	□
○	_____	□

Some things I need to bring into the hospital if I am going to stay overnight

Small suitcase or bag

Day clothes/night clothes/underwear shoes/slippers



Toiletries and a bag to carry them

Toothbrush and toothpaste

Hairbrush and comb

Soap or shower cream

Body cream

Deodorant

Ladies:-

Make up and make up remover

Hair bobbles and clips

Sanitary towels

Lady shaver

Gentlemen:-shaving kit, or electric shaver



Anything else you use at home that you might need to take into hospital?

Incontinence products:-

Incontinence pads

Catheter products/drainage bags

Food/liquids/giving sets/feed bags

Other things you might need to bring:-

Money (small amount) to buy some treats or a magazine

Maybe to pay for a TV or telephone card



Glasses

Hearing aid

Teeth/dentures

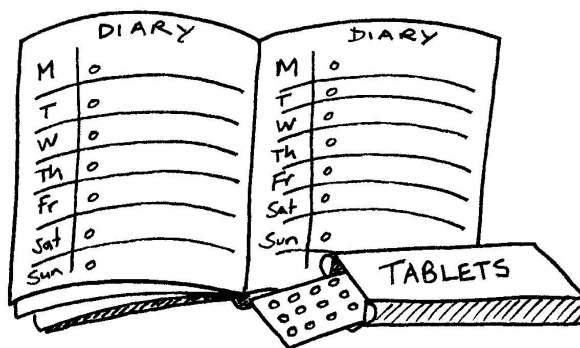
Other aids maybe a wheelchair or walking frame



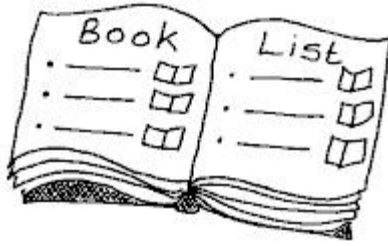
Letters/appointment cards



Medications, anything you take, vitamins, medicine, liquids, injections



Health action plan or other communication books



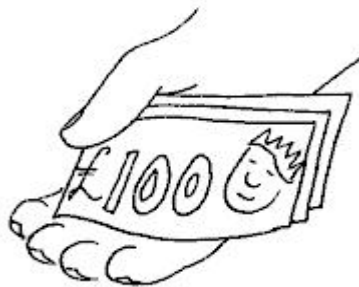
Telephone numbers for my family and friends



Things I don't need to bring into the hospital

Jewellery

Large amount of money



Flowers

Large music systems (small CD players might be more acceptable)



Do you have any questions?

Make a note of anything you need to ask and get someone to ask for you if you don't understand.

Developed by Carol Beaumont Hospital Liaison Nurse for People with Learning Disabilities in Rochdale