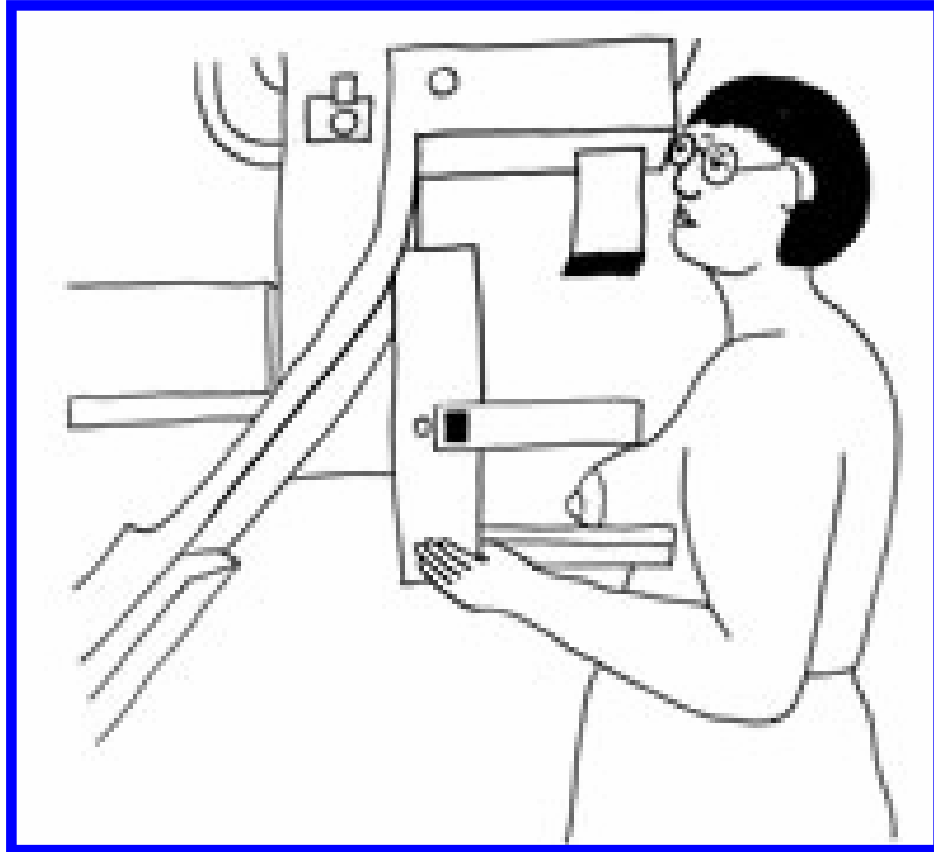


# BREAST SCREENING



*So you are going to have  
your breasts x-rayed...*

**BREAST SCREENING  
IS ALSO CALLED  
MAMMOGRAM**



1) If you are over 50 years old you will get a letter asking you to have your breasts screened



2) If you have special needs you will go to the hospital for your appointment

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3) Go to the breast screening unit reception. They will ask you for your name, address, date of birth and telephone number



4) Sit and wait for the radiographer. The radiographer is the person who will be doing the x-rays on your breasts



5) The radiographer will take you to the x-ray room and ask for your details again



6) You'll be asked to undress to the waist



7) The radiographer will position your breast in the x-ray machine



8) When your breast is in the correct place it might feel uncomfortable



9) Both your breasts will be x-rayed twice



10) When you have finished, get dressed and sit back in the waiting room



11) After a few minutes the radiographer will come to speak to you



12) Your results will be sent to you at home

Check your breasts once a month for anything unusual.

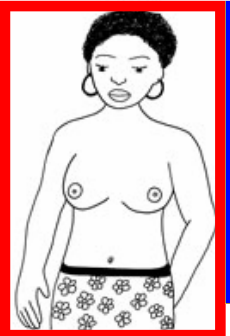
Know what's normal for you



Feel around your breast in a circle



Feel under your arm and behind the nipple



Always check both breasts

**Produced by The H Team at Grapevine, Coventry with Coventry PCT**

[www.grapevinecovandwarks.org](http://www.grapevinecovandwarks.org)



Coventry  
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